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Unnat Bharat Abhiyan (UBA) &

National Service Scheme (NSS) &

FSSAI Club

STUDENT CIRCULAR

Date: 04.07.2025

- This is to inform that Unnat Bharath Abhiyan (UBA) & National Service Scheme (NSS) & FSSAI Club organizing an Awareness Programme on **"Food Label Reading and Consumer Awareness"** to the local community, which will be held on 07th July 2025 at **Ariyavoor.**
- We request all the Volunteers in the National Service Scheme (NSS) and FSSAI Club are asked to assemble in front of the auditorium at 9.30 am.
- To be Read by all classes.

04/7/25

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NATIONAL SERVICE SCHEME (NSS)
&
UNNAT BHARAT ABHIYAN (UBA)
&
FSSAI CLUB

JOINTLY ORGANIZES AN

OUTREACH PROGRAM

ON

FOOD LABEL READING AND CONSUMER AWARENESS

JULY

MONDAY **07** AT 10AM

2025

VENUE: ARIYAVOOR

Dr. M. MUNAFUR HUSSAINA

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Unnat Bharat Abhiyan (UBA)

National Service Scheme (NSS)&

FSSAI Club

Club Name	: FSSAI CLUB
Title of the Event	: Food Label Reading and Consumer Awareness
Event Date	: 07.07. 2025
Total No.of Students Participated	: 60
Timing	: 10.00 AM
Location	: Ariyavoor
No.Of Beneficiaries	: 20
Sustainable Goal Involved	: SDG - 12 (Responsible Consumption and Production)
Program Coordinators	: Ms. A. Swetha

Report of the Program

National Service Scheme (NSS) BHUMI & Unnat Bharat Abhiyan (UBA) & FSSAI Club Jointly organizes an outreach program titled **Food Label Reading and Consumer Awareness** was conducted with the active participation of 60 students on 07.07.2025 at Ariyavoor with the objective of creating awareness among the general public about food safety, informed food choices, and responsible consumption. The program was designed to educate people on the importance of reading food labels and understanding the

role of the Food Safety and Standards Authority of India (FSSAI) in ensuring safe, wholesome, and quality food. The initiative also aimed to connect consumer awareness with Sustainable Development Goal (SDG) 12: Responsible Consumption and Production, which emphasizes sustainable lifestyles and informed consumer behavior.

Students were first oriented about FSSAI regulations, food labeling standards, and consumer rights. The students then visited the selected community area and interacted directly with people, including homemakers, shopkeepers, food vendors, adolescents, and elderly individuals. Through simple explanations, demonstrations and real-life examples, the students explained how food labels act as an important tool for protecting consumer health and preventing food-related risks. During the awareness sessions, the students explained the key components of food labels in a clear and understandable manner.

Outcome of the program

- People were educated about the significance of the FSSAI logo and license number as proof that the food product meets safety standards.
- People know about information related to the name of the food product, list of ingredients, nutritional information, manufacturing date, expiry or best-before date, net quantity, vegetarian or non-vegetarian symbol, allergen warnings, storage instructions, and customer care details was explained in detail.
- Special emphasis was given to understanding sugar, salt, and fat content, as these are closely related to lifestyle diseases such as diabetes, hypertension, and obesity.
- People were made aware that attractive packaging and advertisements should not be the basis for food selection and that food labels provide reliable information for making healthy choices.

18/7/25

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Unnat Bharat Abhiyan (UBA) &

National Service Scheme (NSS)&

FSSAI Club

Photos of the Program



Students explain about FSSAI and its roles



Students give awareness to a homemaker



Students give awareness to Construction workers



Students give awareness about Consumer Awareness



Students give awareness about Reading Food labelling

18/7/25

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Unnat Bharat Abhiyan (UBA) & National Service Scheme (NSS) &
FSSAI CLUB
Jointly organizes an Awareness Programme on
"Food Label Reading and Consumer Awareness"

S.NO	NAME	CLASS	FEEDBACK	SIGNATURE
1	Ahamed Nisha	I N&D	Good	
2	Alhana	I N&D	Good	
3	Ashkara A	I N&D	Good	
4	Barakathunisha J	I N&D	Good	
5	Emima Reina	I N&D	Good	
6	Faheema U	I N&D	Good	
7	Fargana Banu M	I N&D	VeryGood	
8	Reshma S	I N&D	Good	
9	Risvan M	I N&D	Good	
10	Sara Banu S	I N&D	VeryGood	
11	Affrin farzana B V	II N&D	Excellent	
12	Afralia A	II N&D	Excellent	
13	Afrin banu T	II N&D	Good	
14	Aseela J	II N&D	Good	
15	Farah seema H	II N&D	Good	
16	Hajara J	II N&D	Good	
17	Hasmina hakeem A	II N&D	Good	
18	Jameer rosiya R	II N&D	Good & Nice	
19	Jeenathnisha S	II N&D	Good	
20	Miruthula D	II N&D	Good	

21	Nafila afrin M	II N&D	Good	
22	Niranjana S	II N&D	Good	
23	Rajiya asfa M A	II N&D	Good	
24	Sabrin mufsira O S	II N&D	Good	
25	Safreen A	II N&D	Good	
26	Safrin sifana M	II N&D	Good	
27	Sahana jasmine S	II N&D	Good	
28	Saima A	II N&D	Good	
29	Sameera begam A	II N&D	Good	
30	Sanofer S	II N&D	Good	
31	Seyyathali fathima S	II N&D	Good	
32	Shafika rahmath K	II N&D	Good & Excellent	
33	Devipriya V	II N&D	Good	
34	Iynul shifa M	II N&D	Good	
35	Meharunesha S	II N&D	Good	
36	Aaysia siddiqa K	III N&D	Good	
37	Afika R	III N&D	Good	
38	Afreen hasan A	III N&D	Good	
39	Almath kasrin A	III N&D	Good	
40	Aneesa A	III N&D	Good	
41	Arabunisha A	III N&D	Good	
42	Ashifa B	III N&D	Good	
43	Ayesha naifa S	III N&D	Good	
44	Ayesha S	III N&D	Good	
45	Pavithra A	III N&D	Good	
46	Rakshana P	III N&D	Good	
47	Rawla banu H	III N&D	Good	
48	Safreen banu M	III N&D	Good	
49	Sameema begam J	III N&D	Good	
50	Samrin sayeema M R	III N&D	Good	
51	Sathana S	III N&D	Good	

52	Shafrin banu S	III N&D	Good	
53	Thahseen farhana A	III N&D	Good.	
54	Thaslim asmina A	III N&D	Good & Nice	
55	Yasmin A	III N&D	Good	
56	Rukshana begam S	III N&D	Good	
57	Abinaya C	I FSM&D	Good	
58	Najima Banu H	I FSM&D	Good	
59	Sajidha Maryam M	I FSM&D	Good	
60	Shabana S	I FSM&D	Good	

18/7/25

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BENEFICIARY LIST

Club Name: ESSAI CLUB

Place: ARIYAVOOR

Date: 07.07.2025

S. No	Name of the Participants	Signature
1.	Jasmine Banu	
2.	[illegible]	
3.	[illegible]	
4.	Afsin	
5.	[illegible]	
6.	[illegible]	
7.	Swetha. M	
8.	Monisha Devi	Monisha Devi
9.	S. Nithya	
10.	Taj Nisha	
11.	[illegible]	
12.	Indhumathi	
13.	Gokila	

14.	தனலெட்சுமி	தனலெட்சுமி
15	Selvi	செல்வி
16.	முருகன்	முருகன்
17.	Vinoth Kumar	Vinoth Kumar
18.	Muthulakshmi	Muthulakshmi
19.	Aaysha Parveen	Aaysha Parveen
20.	திவ்யா	திவ்யா

18/7/25

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PG DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
&
AIMAN FSSAI CLUB

AIMAN/Stu-FSM&D/2025-2026/007

Date: 02.08.2025

Student Circular

This is to inform that the PG Department of Food Service Management and Dietetics and AIMAN FSSAI Club has planned to organize a "FOSTAC Training Program" on 04.08.2025 and 05.08.2025 at 10.00 am to 1.00 pm.

All the students of PG Department of Food Service Management and Dietetics are asked to attend the program to enrich the knowledge.

Day 1: III UG, I PG, II PG.

Day 2: I UG, II UG

To be read in all classes

2/8/25

2/8/25

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PG Department of Food Service Management and Dietetics

&

AIMAN FSSAI Club

Jointly organizes

A

FOSTAC TRAINING PROGRAM

RESOURCE PERSON



M. SUGANYA, M. Sc.,
Senior Food Safety Executive
Parikshan FSS Pvt Ltd
Chennai

04 & 05 AUGUST 2025
AT 10.00 AM TO 1.00 PM

VENUE : LH 17,
SEMINAR HALL

We Cordially invite you all

Dr. M. Munafur Hussaina
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PG DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
&
AIMAN FSSAI CLUB

AGENDA

DAY 1 (04.08.2025)

Timing	: 10.00 am – 1.00 pm
Venue	: LH-17
Qirath Recited	: M. Fathima Vasika - III B.Sc., N&D
Tamil Thai Valthu	: C. Abinaya, M. Madhumitha - I M.Sc.,R. Tamilmani – II M.Sc., FSM&D
Welcome Address	: R. Nafeesa Mariyam – III B.Sc., N&D
Resource Person	: M. Suganya Senior Food Safety Executive, Parikshan FSS Pvt Ltd
Vote of Thanks	: A. Sameera – III B.Sc., N&D
National Anthem	: C. Abinaya, M. Madhumitha – I M.Sc., and R. Tamilmani – II M.Sc.,FSM&D

DAY 2 (05.08.2025)

Timing	: 10.00 am – 1.00 pm
Venue	: Seminar Hall
Qirath Recited	: J. Aseela - II B.SC N&D
Tamil Thai Valthu	: R. Jasra Raihana , M.N. Katheejathul Qubra, S. Rasmiya Banu – II B.Sc., N&D
Welcome Address	: Mrs. M. Jasmin Uhanitha Vice Principal & Head of PG Department of FSM&D
Resource Person	: M. Suganya Senior Food Safety Executive, Parikshan FSS Pvt Ltd
Vote of Thanks	: Ms. B. Ranjani Assistant Professor, PG Department of FSM&D
National Anthem	: R. Jasra Raihana, M.N. Katheejathul Qubra, S. Rasmiya Banu – II B.Sc., N&D

4/8/25

4/8/25

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Report

1.	Name of the Program	: FOSTAC Training Program
2.	Date of the Program	: 04.08.2025 & 05.08.2025
3.	Total No. of Students Participated	: 133
4.	Total No. of Staff Participated	: 09
5.	Staff Coordinators	: Ms. B. Ranjani, Ms. S. Swetha, Mrs. S. Sabaira Farvin, Ms. S. Indhumathi
6.	Place	: Trichy
7.	Activity Type	: Training Program

A two-days Training Program on titled **"FOSTAC Training Program"** was jointly organized by PG Department of Food Service Management and Dietetics & AIMAN FSSAI Club of AIMAN COLLEGE OF ARTS AND SCIENCE FOR WOMEN, K.Sathanur, Trichy-620 021, Tamil Nadu, India on **"04.08.2025 and 05.08.2025"**

About Programme

The FOSTAC training programme was conducted at AIMAN COLLEGE OF ARTS AND SCIENCE FOR WOMEN over two days - 04 and 05 August 2025. The session was conducted by Ms. M. Suganya, Senior Food Safety Executive, Parikshan FSS Pvt Ltd, Chennai – an expert with extensive industry experience in food quality assurance, regulatory compliance, and training. Her expertise ensured that the sessions were not only informative but also engaging and practical. Over the two days, the programme covered a wide range of topics, including:

- Introduction to FOSTAC and FSSAI: Understanding the roles, responsibilities, and scope of food safety in India.
- Importance of Food Hygiene and Sanitation: Best practices for personal hygiene, kitchen hygiene, and workplace sanitation in food service and manufacturing sectors.

- Food Adulteration Awareness: Identification of common food adulterants found in milk, spices, pulses, along with their health impacts.
- Food Safety Hazards: Understanding biological, chemical and physical hazards and preventive measures.
- Legal Requirements: Licensing and registration procedures for food business operators, and the importance of record-keeping and documentation.

The sessions included presentations, practical demonstrations and interactive Q&A on various aspects of food safety and regulations.

Programme Outcomes and learning

By the end of the two-day training participants:

- Gained awareness of national food safety standards and FSSAI regulations.
- Understood the importance of personal hygiene and sanitation in maintain food quality.
- Developed an understanding of hazard identification and preventive measures in food preparation.
- Learned about proper food storage techniques to extend shelf life and prevent contamination.
- Acquired knowledge of licensing and legal requirements for food business operators.

Participant Feedback

The participants expressed enthusiastic appreciation for the Two-Days FOSTAC Training Program, highlighting the practical demonstrations, clarity of explanations and career relevance of the sessions. The feedback collected reflects the programme's success in achieving its objectives and creating a positive learning environment. Many participants reported that the training increased their confidence in handling food safety responsibilities and motivated them to consider careers in food quality control, food service management, and public health.

7/8/25

Convener

07/8/25

Principal

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REPORT – PHOTOS (04.08.2025)

	
Session Started	**Qirath**
	
Tamil Thai Valthu	**Welcome Address**

7/8/25.

7/8/25

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Chief guest-Speech



Presentation



Participation



Vote of Thanks

7/8/25

Convener

07/8/25

Principal

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REPORT – PHOTOS (05.08.2025)

	
Session Started	**Qirath**
	
Tamil Thai Valthu	**Chief guest-Speech**

7/8/25

7/8/25

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Presentation	**Participation**

7/8/25
Convener

07/8/25
Principal

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திருச்சி 6-8-2025 (புதன்கிழமை) 8 பக்கம் ₹ 6 ★★★
TRICHY 6-8-2025 (WEDNESDAY) 8 PAGES ₹6

மலர் 48 இதழ் 234
VOL: 48 ISSUE: 234



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2 நாள் போஸ்டாக் பயிற்சி முகாம்

திருச்சி, ஆக.6–

திருச்சி அய்மான் கலை அறிவியல் மகளிர் கல்லூரியில் எப்.எஸ்.எஸ்.ஏ.ஐ. கிளப் மற்றும் முதுகலை உணவு மேலாண்மை துறை இணைந்து 2 நாள் போஸ்டாக் பயிற்சி முகாம் நடைபெற்றது. நிகழ்ச்சியின் தொடக்கமாக கல்லூரியின் துணை முதல்வர் மற்றும் ஊட்டச்சத்து உணவு மேலாண்மை துறைத் தலைவர் எம். ஜாஸ்மின் உஹானிதா வரவேற்புரை வழங்கினார். சென்னை பரிஷன் எப்.எஸ்.எஸ் பிரைவேட் லிமிடெடின் உணவு பாதுகாப்பு நிர்வாகி எம். சுகன்யா சிறப்பு விருந்தினராக கலந்து கொண்டு மாணவிகளுக்கு உணவு பாதுகாப்பு மற்றும் அதன் சட்ட திட்டங்களையும் விளக்கத்துடன் எடுத்துரைத்தார். இறுதியாக உதவி பேராசிரியர் பா. ரஞ்சனி நன்றி கூறினார்.

திருச்சியில்

பணம் பறித்த வாலிபர் கைது

திருச்சி, ஆக.6–

திருச்சி, கே.கே. கோட்டை பாண்டி தெருவை சேர்ந்தவர் குணசேகரன் (வயது 40). இவர் எஸ்.ஐ.டி. கல்லூரி அருகே இளநீர் குடித்துக் கொண்டிருந்தார்.

அப்போது, அங்கு வந்த மர்ம நபர் கத்தியை காட்டி மிரட்டி அவரிடம் இருந்து ரூ.1000 பறித்துக் கொண்டு தப்பி ஓடினார்.

இது குறித்து அரியமங்கலம் போலீசார் வழக்கு பதிவு செய்து அரியமங்கலம் காமராஜ் நகர் அப்துல்லா தெருவை சேர்ந்த ராகவேந்திரன் 26 என்ற சரித்திர பதிவேடு ரவுடியை கைது செய்தனர்.

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CAMPUS CONNECT

Food safety training
Students were given orientation on Food Safety Training and Certification under the auspices of Food Safety and Standards Authority of India (FSSAI) at a programme held by the PG Department of Food Service Management and Dietetics in association with the FSSAI Club of AIMAN College of Arts and Science for Women recently. Resource person M. Suganya, senior food safety executive, Parikshan FSS, Chennai, shared insights on food safety, hygiene and regulatory practices as per FSSAI guidelines.

Mobile app awareness
P. Vanitha, Sub-Inspector of Police from the Anti-Child Tracking Unit, gave a practical demonstration on how to download the Kaaval Uthavi mobile phone application to students during an awareness programme conducted by the National Service Scheme (NSS) unit of Cauvery College for Women recently. Ms. Vanitha explained the various features of the app and the situations in which it could be used. NSS Programme Officer, spoke.

Emergency response
First aid management during emergencies was the focus of a capacity building programme conducted by Bolivar Club of Department of Biotechnology at Cauvery College for Women recently. In his address, G. Mukesh Mohan, surgeon and managing director, Mukesh Ortho Care Hospital, Tiruchi, spoke on first aid techniques and emphasised the importance of knowing cardiopulmonary resuscitation (CPR) to save lives. He and his team also held a live demonstration of the CPR technique for the audience.

MoU signed
National College in Tiruchi signed a Memorandum of Understanding with the Siddhanta Knowledge Foundation, Chennai, recently. The MoU aims to incorporate IKS into mainstream academic programmes, aligning with the vision of the central Ministry of Education. Siddhanta, an accredited IKS Centre, offers online courses through its 'Siksha' Learning Management System. Under this MoU, students of National College will gain access to a broad range of curated IKS courses, both foundational and advanced, as part of their regular academic curriculum. The MoU was signed in the presence of D. Muthuramakrishnan, principal (in-charge), and R. Subhramanian, director Siddhanta Knowledge Foundation and senior officials from both institutions.

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FSSAI CLUB
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FEEDBACK

DATE : 05.08.2025

S.NO	NAME OF THE STUDENTS	CLASS & DEPARTMENT	FEEDBACK	SIGNATURE
1	AHAMED NISHA	I BSC N&D	Good	Ahamed
2	ALHANA	I BSC N&D	Very good	Alhana
3	ASHKARA A	I BSC N&D	good	Ashkara.
4	BARAKATHUNISHA J	I BSC N&D	good	BarakKathu
5	EMIMA REINA	I BSC N&D	Good	Emi
6	FAHEEMA U	I BSC N&D	Nice	Faheema
7	FAIROSE J	I BSC N&D	Understanding	Fairose.
8	FARGANA BANU M	I BSC N&D	Very Good	Fargana.
9	FATHIMA VAJIHA B	I BSC N&D	Nice	Vajiha
10	HILMIYA HISSANA	I BSC N&D	good	Hil
11	IRFANA PARVEEN A	I BSC N&D	Good.	Irfana
12	NILOBAR FARSHANA	I BSC N&D	Nice	Nilobar
13	NOORUL MISBAH	I BSC N&D	Excellent.	Noor
14	NOUFA FATHIMA	I BSC N&D	fabulous	Noufa
15	NUSAIFA SHAHUNAS	I BSC N&D	Very Good	Nus
16	RASIKA S	I BSC N&D	Good.	Rasika
17	RESHMA S	I BSC N&D	Good	Resh
18	RISVAN M	I BSC N&D	good	R.
19	RISWANA FIRDOUSE	I BSC N&D	Understanding	Risw

S.NO	NAME OF THE STUDENTS	CLASS & DEPARTMENT	FEEDBACK	SIGNATURE
20	SABRIYA A	I BSC N&D	Good session.	Sabriya
21	SAFIKKAMMAL M	I BSC N&D	Nice	Safi
22	SARA BANU S	I BSC N&D	Very Good	S.B
23	SARALA SRI	I BSC N&D	Good	Sarala
24	SHABANA SHERIN S	I BSC N&D	excellent.	Shabana
25	SHAFEEQA M	I BSC N&D	understanding	Shafeeqa.M
26	SHAMA PARVEEN M	I BSC N&D	Nice	Shama
27	SHIBANA BANU A	I BSC N&D	~~Shibana~~ Nice	Shifana
28	SHIFANA N	I BSC N&D	Understanding	Shifana.
29	THILFANA S	I BSC N&D	Nice	Thilfana
30	THOUHEETHA PARVEEN N	I BSC N&D	Good	Thouheeth
31	ZAYANAH B	I BSC N&D	Understanding	Zayanah
32	ZULFA A	I BSC N&D	Good	Zulfa.
33	JASRA RAIHANA R	II BSC N&D	Good	R. Jasra
34	AFFRIN FARZANA B V	II BSC N&D	~~Af Farzana~~ Excellent	Affrin
35	AFRALIA A	II BSC N&D	Very good	A. Afra
36	AFRIN BANU T	II BSC N&D	Excellent	Afrin Banu
37	AFRIN JAHIR HUSSAIN	II BSC N&D	good	Afrin
38	ALIRSATHUL HAWA H	II BSC N&D	excellent	Alirsathul Hawa
39	ASEELA J	II BSC N&D	Understanding session	Aseela
40	ASFIYA J	II BSC N&D	Good	Asfiya
41	ASHFIYA K	II BSC N&D	Good	Ashfiya.K
42	BEBEEJAAN A K	II BSC N&D	good	Bebee.
43	BUSHRA BANU M	II BSC N&D	EXCELLENT	Bushra
44	FAHMITHA M	II BSC N&D	very good	Fahmitha
45	FARAH SEEMA H	II BSC N&D	Excellent	H. Farah Seema.

S.NO	NAME OF THE STUDENTS	CLASS & DEPARTMENT	FEEDBACK	SIGNATURE
46	FATHIMA TANSEERA M	II BSC N&D	Excellent	Fathimatanseera.
47	FEMINA ASMIN D	II BSC N&D	Good.	Femina
48	HAJARA J	II BSC N&D	Fantastic	Hajara
49	HASMINA HAKEEM A	II BSC N&D	UNDERSTANDING	Haseef
50	JAMEER ROSIYA R	II BSC N&D	good	Rosiya
51	JEENATHNISHA S	II BSC N&D	Very Good	Jeenath.
52	KATHEEJATHUL QUBRA M N	II BSC N&D	excellent	Qubra
53	KOWSAR BEE I	II BSC N&D	Excellent	Kowsar
54	MIRUTHULA D	II BSC N&D	good	Miruthula
55	NAFILA AFRIN M	II BSC N&D	Good.	Nafi Afrin
56	NIRANJANA S	II BSC N&D	Excellent	S. Niranj.
57	RAJIYA ASFA M A	II BSC N&D	Very good	Asfa
58	RASMIYA BANU S	II BSC N&D	Excellent	Rasmiya
59	SABRIN MUFSIRA O S	II BSC N&D	Excellent	Sabrin.
60	SAFREEN A	II BSC N&D	good	Safreen. A
61	SAFRIN SIFANA M	II BSC N&D	Fantastic	Sahana.
62	SAHANA JASMINE S	II BSC N&D	Good	S. Sahana
63	SAMEERA BANU K	II BSC N&D	Good	Sameera.
64	SAMEERA BEGAM A	II BSC N&D	Excellent	A. Sameera
65	SANOFER S	II BSC N&D	good	Sanofer.
66	SEYYATHALI FATHIMA S	II BSC N&D	excellent	Seyyathali. S
67	SHAFIKA RAHMATH K	II BSC N&D	Very Good.	Shafika
68	DEVIPRIYA V	II BSC N&D	EXCELLENT	Devipriya.
69	IYNUL SHIFA M	II BSC N&D	good	Iynul Shifa
70	SHAMEEM PASITHA B	II BSC N&D	Excellent	Shameem
71	SUMANA AFRIN S	II BSC N&D	Very good	Sumana.

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S.NO	NAME OF THE STUDENTS	CLASS & DEPARTMENT	FEEDBACK	SIGNATURE
72	SUMAYA APSARA R	II BSC N&D	Good.	
73	SUNFIYA J	II BSC N&D	Excellent session	
74	VASHIFA NISHA A	II BSC N&D	very good	
75	AKILA NISFA A	II BSC N&D	good	
76	AFIYA S	II BSC N&D	Good.	

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S.NO	NAME OF THE STUDENTS	CLASS & DEPARTMENT	SIGNATURE
1	AASHIFA BEGUM R	III BSC N&D	
2	AASHIFA S	III BSC N&D	
3	AAYSIA SIDDIQA K	III BSC N&D	
4	AFIKA R	III BSC N&D	
5	AFREEN HASSAN A	III BSC N&D	
6	AFROSE FATHIMA A	III BSC N&D	
7	AHFARA BEGAM A	III BSC N&D	
8	ALFINYA A	III BSC N&D	
9	ALMATH KASRIN A	III BSC N&D	
10	ANEESA A	III BSC N&D	
11	ARABUNISHA A	III BSC N&D	
12	AYESHA NAIFA S	III BSC N&D	
13	BANUPRIYA G	III BSC N&D	
14	BOOMIKA R	III BSC N&D	
15	BUSHRA J	III BSC N&D	

S.NO	NAME OF THE STUDENTS	CLASS & DEPARTMENT	SIGNATURE
16	FATHIMA RASHIDHA S	III BSC N&D	
17	FATHIMA VASIKA M	III BSC N&D	
18	HANISHA I	III BSC N&D	
19	HATCHNISHA M	III BSC N&D	
20	HUMAIRAH FATHIMA S	III BSC N&D	
21	JAMZIATH MISWHA Y	III BSC N&D	
22	LAVANYA K	III BSC N&D	
23	NEHA M	III BSC N&D	
24	NOORUL ASIRA S	III BSC N&D	
25	PAVITHRA I	III BSC N&D	
26	RAWLA BANU H	III BSC N&D	
27	REEMA H	III BSC N&D	
28	RIFAYA FATHIMA M	III BSC N&D	
29	SAFREEN BANU M	III BSC N&D	
30	SAJETHA BEGAM A	III BSC N&D	
31	SAMEEMA BEGAM J	III BSC N&D	
32	SAMEERA BANU S	III BSC N&D	
33	SAMRIN SAYEEMA M R	III BSC N&D	
34	SATHANA.S	III BSC N&D	
35	SHAFRIN BANU S	III BSC N&D	
36	SUMAIYA SURAIJ R	III BSC N&D	
37	TAMANNA FATHIMAA A	III BSC N&D	

S.NO	NAME OF THE STUDENTS	CLASS & DEPARTMENT	SIGNATURE
38	THASLIM ASMINA A	III BSC N&D	
39	YASMIN A	III BSC N&D	
40	JASIYA SAFREEN A	I MSC FSM&D	
41	MADHUMITHA M	I MSC FSM&D	
42	NAJIMA BANU H	I MSC FSM&D	
43	RAFIYA S J	I MSC FSM&D	
44	SAFRIN J	I MSC FSM&D	
45	SHABANA S	I MSC FSM&D	
46	SHAJITHA SERIN M	I MSC FSM&D	
47	SUVETHA S	I MSC FSM&D	
48	KALADEVI K	I MSC FSM&D	
49	SUSMITHA BEGAM S	I MSC FSM&D	
50	ABINAYA C	I MSC FSM&D	
51	AFSHANA A	II MSC FSM&D	
52	FASHILA ASRIN A	II MSC FSM&D	
53	HARI DEVI V	II MSC FSM&D	
54	JAMIMA BEGUM A	II MSC FSM&D	
55	NAJEEBA U	II MSC FSM&D	
56	RAHINI R	II MSC FSM&D	
57	TAMILMANI R	II MSC FSM&D	

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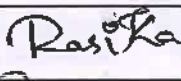
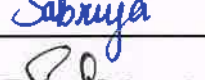
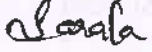
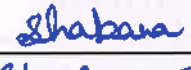
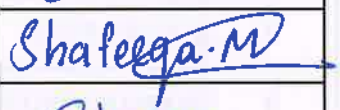
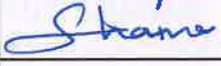
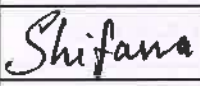
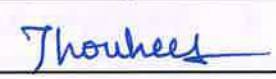
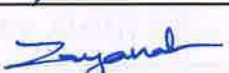
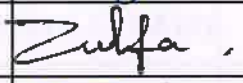
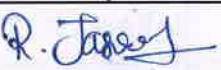
S.NO	NAME OF THE STUDENTS	CLASS & DEPARTMENT	SIGNATURE
1	AHAMED NISHA	I BSC N&D	
2	ALHANA	I BSC N&D	
3	ASHKARA A	I BSC N&D	
4	BARAKATHUNISHA J	I BSC N&D	
5	EMIMA REINA	I BSC N&D	
6	FAHEEMA U	I BSC N&D	
7	FAIROSE J	I BSC N&D	
8	FARGANA BANU M	I BSC N&D	
9	FATHIMA VAJIHA B	I BSC N&D	
10	HILMIYA HISSANA	I BSC N&D	
11	IRFANA PARVEEN A	I BSC N&D	
12	NILOBAR FARSHANA	I BSC N&D	
13	NOORUL MISBAH	I BSC N&D	
14	NOUFA FATHIMA	I BSC N&D	
15	NUSAIFA SHAHUNAS	I BSC N&D	

S.NO	NAME OF THE STUDENTS	CLASS & DEPARTMENT	SIGNATURE
16	RASIKA S	I BSC N&D	
17	RESHMA S	I BSC N&D	
18	RISVAN M	I BSC N&D	
19	RISWANA FIRDOUSE	I BSC N&D	
20	SABRIYA A	I BSC N&D	
21	SAFIKKAMMAL M	I BSC N&D	
22	SARA BANU S	I BSC N&D	
23	SARALA SRI	I BSC N&D	
24	SHABANA SHERIN S	I BSC N&D	
25	SHAFEEQA M	I BSC N&D	
26	SHAMA PARVEEN M	I BSC N&D	
27	SHIBANA BANU A	I BSC N&D	
28	SHIFANA N	I BSC N&D	
29	THILFANA S	I BSC N&D	
30	THOUHEETHA PARVEEN N	I BSC N&D	
31	ZAYANAH B	I BSC N&D	
32	ZULFA A	I BSC N&D	
33	JASRA RAIHANA R	II BSC N&D	
34	AFFRIN FARZANA B V	II BSC N&D	
35	AFRALIA A	II BSC N&D	
36	AFRIN BANU T	II BSC N&D	
37	AFRIN JAHIR HUSSAIN	II BSC N&D	

S.NO	NAME OF THE STUDENTS	CLASS & DEPARTMENT	SIGNATURE
38	ALIRSATHUL HAWA H	II BSC N&D	
39	ASEELA J	II BSC N&D	
40	ASFIYA J	II BSC N&D	
41	ASHFIYA K	II BSC N&D	
42	BEBEEJAAN A K	II BSC N&D	
43	BUSHRA BANU M	II BSC N&D	
44	FAHMITHA M	II BSC N&D	
45	FARAH SEEMA H	II BSC N&D	
46	FATHIMA TANSEERA M	II BSC N&D	
47	FEMINA ASMIN D	II BSC N&D	
48	HAJARA J	II BSC N&D	
49	HASMINA HAKEEM A	II BSC N&D	
50	JAMEER ROSIYA R	II BSC N&D	
51	JEENATHNISHA S	II BSC N&D	
52	KATHEEJATHUL QUBRA M N	II BSC N&D	
53	KOWSAR BEE I	II BSC N&D	
54	MIRUTHULA D	II BSC N&D	
55	NAFILA AFRIN M	II BSC N&D	
56	NIRANJANA S	II BSC N&D	
57	RAJIYA ASFA M A	II BSC N&D	
58	RASMIYA BANU S	II BSC N&D	
59	SABRIN MUFSIRA O S	II BSC N&D	

S.NO	NAME OF THE STUDENTS	CLASS & DEPARTMENT	SIGNATURE
60	SAFREEN A	II BSC N&D	
61	SAFRIN SIFANA M	II BSC N&D	
62	SAHANA JASMINE S	II BSC N&D	
63	SAMEERA BANU K	II BSC N&D	
64	SAMEERA BEGAM A	II BSC N&D	
65	SANOFER S	II BSC N&D	
66	SEYYATHALI FATHIMA S	II BSC N&D	
67	SHAFIKA RAHMATH K	II BSC N&D	
68	DEVIPRIYA V	II BSC N&D	
69	IYNUL SHIFA M	II BSC N&D	
70	SHAMEEM PASITHA B	II BSC N&D	
71	SUMANA AFRIN S	II BSC N&D	
72	SUMAYA APSARA R	II BSC N&D	
73	SUNFIYA J	II BSC N&D	
74	VASHIFA NISHA A	II BSC N&D	
75	AKILA NISFA. A	II BSC N&D	
76	AFIYA S	II BSC N&D	

7/8/25

7/8/25

PRINCIPAL
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SCIENCE FOR WOMEN,
TIRUCHIRAPPALLI-620 021

AIMAN COLLEGE OF ARTS AND SCIENCE FOR WOMEN

(Sponsored by AIMAN EDUCATION AND WELFARE SOCIETY)

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fssai

PG DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS &
FSSAI CLUB
JOINTLY ORGANIZES
A
FOSTAC TRAINING PROGRAM
FEEDBACK

DATE : 04.08.2025

S.NO	NAME OF THE STUDENTS	CLASS & DEPARTMENT	FEEDBACK	SIGNATURE
1	AASHIFA BEGUM R	III BSC N&D	Good	
2	AASHIFA S	III BSC N&D	Good	
3	AAYSIA SIDDIQA K	III BSC N&D	Good	
4	AFIKA R	III BSC N&D	Good	
5	AFREEN HASSAN A	III BSC N&D	Good	
6	AFROSE FATHIMA A	III BSC N&D	very good	
7	AHFARA BEGAM A	III BSC N&D	Good	
8	ALFINYA A	III BSC N&D	Good	
9	ALMATH KASRIN A	III BSC N&D	Very Good	
10	ANEESA A	III BSC N&D	Good	
11	ARABUNISHA A	III BSC N&D	Good	
12	AYESHA NAIFA S	III BSC N&D	Good	
13	BANUPRIYA G	III BSC N&D	Good	
14	BOOMIKA R	III BSC N&D	Good	
15	BUSHRA J	III BSC N&D	V. Good	
16	FATHIMA RASHIDHA S	III BSC N&D	Good	
17	FATHIMA VASIKA M	III BSC N&D	Good	
18	HANISHA I	III BSC N&D	Good	
19	HATCHNISHA M	III BSC N&D	Good	

S.NO	NAME OF THE STUDENTS	CLASS & DEPARTMENT	FEEDBACK	SIGNATURE
20	HUMAIRAH FATHIMA S	III BSC N&D	Good	
21	JAMZIATH MISWHA Y	III BSC N&D	Good	
22	LAVANYA K	III BSC N&D	Good	
23	NEHA M	III BSC N&D	Good	
24	NOORUL ASIRA S	III BSC N&D	Good	
25	PAVITHRA I	III BSC N&D	Good.	
26	RAWLA BANU H	III BSC N&D	Good	
27	REEMA H	III BSC N&D	Good	
28	RIFAYA FATHIMA M	III BSC N&D	Good	
29	SAFREEN BANU M	III BSC N&D	Good.	
30	SAJETHA BEGAM A	III BSC N&D	Good	
31	SAMEEMA BEGAM J	III BSC N&D	Excellent	
32	SAMEERA BANU S	III BSC N&D	Good	
33	SAMRIN SAYEEMA M R	III BSC N&D	Good	
34	SATHANA.S	III BSC N&D	Good	
35	SHAFRIN BANU S	III BSC N&D	Good	
36	SUMAIYA SURAIJ R	III BSC N&D	Good	
37	TAMANNA FATHIMAA A	III BSC N&D	Good	
38	THASLIM ASMINA A	III BSC N&D	Very Good	
39	YASMIN A	III BSC N&D	Good	
40	JASIYA SAFREEN A	I MSC FSM&D	Good	
41	MADHUMITHA M	I MSC FSM&D	Good	
42	NAJIMA BANU H	I MSC FSM&D	Good	
43	RAFIYA S J	I MSC FSM&D	Good	
44	SAFRIN J	I MSC FSM&D	Good	

S.NO	NAME OF THE STUDENTS	CLASS & DEPARTMENT	FEEDBACK	SIGNATURE
45	SHABANA S	I MSC FSM&D	Good.	Shabana S.
46	SHAJITHA SERIN M	I MSC FSM&D	Excellent	Shajitha serin M.
47	SUVETHA S	I MSC FSM&D	Good.	Suvetha S.
48	KALADEVI K	I MSC FSM&D	Nice	Kaladevi
49	SUSMITHA BEGAM S	I MSC FSM&D	Good	Susmitha
50	ABINAYA C	I MSC FSM&D	Excellent	Abinaya C
51	AFSHANA A	II MSC FSM&D	understanding	Afshana
52	FASHILA ASRIN A	II MSC FSM&D	good	Fashila asrin.
53	HARI DEVI V	II MSC FSM&D	excellent	Haridevi
54	JAMIMA BEGUM A	II MSC FSM&D	Good session	Jamima Begum
55	NAJEEBA U	II MSC FSM&D	good	Najeeba. U
56	RAHINI R	II MSC FSM&D	Good Session	Rahini
57	TAMILMANI R	II MSC FSM&D	Very Good	Tamilmani. R

7/8/25

07/8/25

PRINCIPAL
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TIRUCHIRAPPALLI-620 021.

FOOD SAFETY AND STANDARDS AUTHORITY OF INDIA

Inspiring Trust, Assuring Safe & Nutritious Food

Ministry of Health and Family Welfare, Government of India

FoSTaC

Food Safety Training & Certification

fssai committed to build a culture of self compliance

FOOD SAFETY SUPERVISOR

Certificate of Competence

This is to certify that

Afshana Akbarali

has successfully completed training on the course

Basic Catering

held at

AIMAN COLLEGE OF ARTS AND SCIENCE FOR WOMEN PMXP+J68, Near KK Nagar K, Tiruchirappalli Tamil Nadu

Conducted by

PARIKSHAN

Funded by

FSSAI - Southern Regional Office

Roll No:	BCACOVID100003173149
Batch Code:	BCACOVID100/40524
Certificate Number:	BCACOVID1003173149
Date of Issue:	04-08-2025
Training Mode:	offline
Refresher Due on:	04-08-2027

Digitally signed by Ankeshwar Mishra
Date: 2025.08.04 22:34:31 IST

FOOD SAFETY AND STANDARDS AUTHORITY OF INDIA

Inspiring Trust, Assuring Safe & Nutritious Food

Ministry of Health and Family Welfare, Government of India

FoSTaC

Food Safety Training & Certification

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FOOD SAFETY SUPERVISOR

Certificate of Competence

This is to certify that

Fashila Asrin

has successfully completed training on the course

Basic Catering

held at

AIMAN COLLEGE OF ARTS AND SCIENCE FOR WOMEN PMXP+J68, Near KK Nagar K, Tiruchirappalli Tamil Nadu

Conducted by

PARIKSHAN

Funded by

FSSAI - Southern Regional Office

Roll No:	BCACOVID100003173152
Batch Code:	BCACOVID100/40524
Certificate Number:	BCACOVID1003173152
Date of Issue:	04-08-2025
Training Mode:	offline
Refresher Due on:	04-08-2027

Digitally signed by Ankeshwar Mishra
Date: 2025.08.04 22:34:33 IST

FOOD SAFETY AND STANDARDS AUTHORITY OF INDIA

Inspiring Trust, Assuring Safe & Nutritious Food

Ministry of Health and Family Welfare, Government of India

FoSTaC

Food Safety Training & Certification

fssai committed to build a culture of self compliance

FOOD SAFETY SUPERVISOR

Certificate of Competence

This is to certify that

Afshana Akbarali

has successfully completed training on the course

Basic Retail & Distribution

held at

AIMAN COLLEGE OF ARTS AND SCIENCE FOR WOMEN PMXP+J68, Near KK Nagar K, Tiruchirappalli Tamil Nadu

Conducted by

PARIKSHAN

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Roll No:	BRECOVID105003175103
Batch Code:	BRECOVID105/40525
Certificate Number:	BRECOVID1053175103
Date of Issue:	04-08-2025
Training Mode:	offline
Refresher Due on:	04-08-2027

Digitally signed by Ankeshwar Mishra
Date: 2025.08.04 22:39:49 IST

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Inspiring Trust, Assuring Safe & Nutritious Food

Ministry of Health and Family Welfare, Government of India

FoSTaC

Food Safety Training & Certification

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FOOD SAFETY SUPERVISOR

Certificate of Competence

This is to certify that

Fashila Asrin

has successfully completed training on the course

Basic Retail & Distribution

held at

AIMAN COLLEGE OF ARTS AND SCIENCE FOR WOMEN PMXP+J68, Near KK Nagar K, Tiruchirappalli Tamil Nadu

Conducted by

PARIKSHAN

Funded by

FSSAI - Southern Regional Office

Roll No:	BRECOVID105003175107
Batch Code:	BRECOVID105/40525
Certificate Number:	BRECOVID1053175107
Date of Issue:	04-08-2025
Training Mode:	offline
Refresher Due on:	04-08-2027

Digitally signed by Ankeshwar Mishra
Date: 2025.08.04 22:39:51 IST

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PG DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
&
AIMAN FSSAI CLUB

AIMAN/FSM&D/2025-2026/009

Date: 04.08.2025

Circular

- This is to inform that the PG Department of Food Service Management and Dietetics and AIMAN FSSAI club has planned to organize a "HYGIENE AND SANITATION PROGRAM" on 06.08.2025 at 3.30 pm in the Mess hall.
- All the mess workers are asked to attend the program to enrich the knowledge.

04/8/25

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PG Department of Food Service Management and Dietetics

&

FSSAI CLUB

Organizes

An Awareness Program

On

HYGIENE AND SANITATION

Resource Person

J.Bushra III-N&D
K. Aaysia Siddiqa III - N&D
P.Rakshana III-N&D
A. Sameera III-N&D

:06 August 2025
: 3:00PM
: AIMAN MESS HALL

We Cordially invite mess & canteen workers

Dr. M. Munafur Hussaina
PRINCIPAL

Report

1. **Name of the Program** : HYGIENE AND SANITATION
2. **Date of the Program** : 06.08.2025
3. **Total No. of Mess workers Participated** : 12
4. **Staff Coordinators** : Ms. B. Ranjani, Mrs. A. Swetha
5. **Place** : AIMAN COLLEGE OF ARTS AND SCIENCE FOR WOMEN, Trichy
6. **Activity Type** : Training Program

A Training Program on titled **"HYGIENE AND SANITATION"** was jointly organized by PG Department of Food Service Management and Dietetics & AIMAN FSSAI Club of AIMAN COLLEGE OF ARTS AND SCIENCE FOR WOMEN, K.Sathanur, Trichy - 620 021, Tamil Nadu, India on **"06.08.2025"**

About Programme

The PG Department of Food Service Management and Dietetics in collaboration with the FSSAI Club organized an Awareness Program on Hygiene and Sanitation exclusively for the Mess workers of AIMAN COLLEGE OF ARTS AND SCIENCE FOR WOMEN.

The main objective of the program was to insist awareness about the significance of personal hygiene, food safety practices, and environmental sanitation in food service establishments. Since mess workers are directly involved in food preparation and distribution, it is vital that they maintain proper hygienic practices to safeguard the health of students and staff.

The awareness was given by Ms. J. Bushra, Ms. A. Sameera, Ms. P. Rakshana, and Ms. K. Aaysia Siddiqa, final-year students of Nutrition and Dietetics, who conducted interactive sessions and live demonstrations.

The session covered the following aspects:

- Importance of hand hygiene and the correct method of washing hands.
- Safe handling of raw and cooked food and prevention of cross-contamination.
- Proper cleaning and sanitization of utensils and kitchen surfaces.

- Personal hygiene standards (Use of aprons, head covers, and gloves).
- Safe storage and preservation methods.
- Pest control and waste management in food service areas.

Programme Outcomes and learning

The program resulted in multiple beneficial outcomes:

1. Knowledge Enhancement

Participants gained awareness of FSSAI standards and food safety protocols relevant to their daily work.

2. Skill Development

Through demonstrations, workers learned practical methods of cleaning, sanitizing, and prevent contamination.

3. Behavioral Change

The emphasis on personal hygiene encouraged workers to maintain neat appearance, regular grooming, and safe food handling.

4. Improved Confidence

Workers expressed confidence in applying hygienic practices while serving food to students.

5. Institutional Benefit

The program contributed to creating a healthier, safer, and more hygienic environment within the college mess and canteen.

Participant Feedback

Highly Useful: Participants reported that the session was simple and directly applicable to their routine.

Interactive and Engaging: Workers appreciated the demonstrations and visual explanations which made it easy to understand.

Awareness Boost: Many workers acknowledged that they had not realized the importance of small practices (like nail trimming, hand washing duration, or correct storage methods) until the session.

Commitment to Change: Several participants assured that they would implement the practices regularly and also encourage their coworkers to follow hygiene standards.

Motivational Impact: They expressed gratitude to the organizers for arranging such a program specifically for them, which made them feel valued as part of the institution.

28/8/25

Convener

28/8/25

Principal

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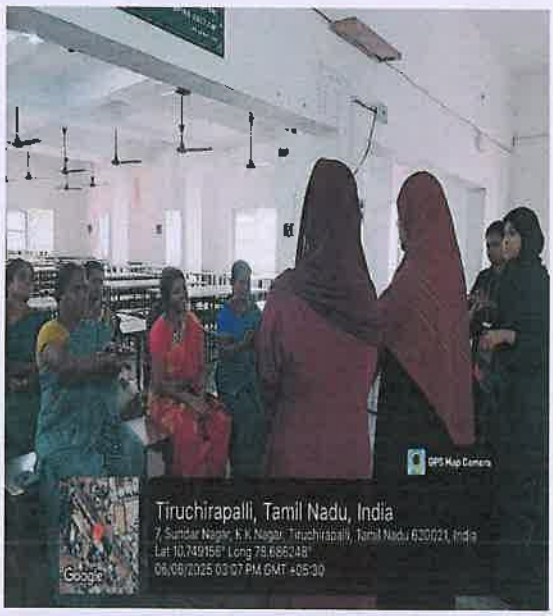
REPORT – PHOTOS



Bushra gave the Introduction



Sameera spoke about Personal Hygiene



Hand wash Demo



Rakshana spoke about Kitchen Hygiene

28/8/25

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Aaysia Siddiqa gave idea for Food Selection	**Participation**

Convener

Principal

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PG DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS & AIMAN FSSAI CLUB

PARTICIPATION NAME LIST

S.No	NAME OF THE PARTICIPANTS	SIGNATURE
1.	S. Dhanalakshmi	S. Dhanalakshmi
2.	P. Mahmooda	P. மஹ்மூதா
3.	M. Hemalatha	M. Hemalatha.
4.	C. Selvi	C. செல்வி
5.	M. Nirumala	M. நிர்மலா
6.	S. Vasantha	S. வசந்தா
7.	S. Kala	S. Kala
8.	S. Jamuna Rani	S. ஜமுனாராணி
9.	S. Pushpam	S. புஷ்பம்
10.	Saroja	சரோஜா
11.	Perumal	P. Perumal
12.	Sahira Banu	Sahira Banu

28/8/25

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PG DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS & AIMAN FSSAI CLUB

FEEDBACK

S.No	NAME OF THE PARTICIPANTS	FEEDBACK	SIGNATURE
1.	S. Dhanalakshmi	Good	S. Dhanalakshmi
2.	P. Mahmooda	very good	P. [illegible]
3.	M. Hemalatha	good	M. Hemalatha
4.	C. Selvi	excellent	C. [illegible]
5.	M. Nirumala	very good	M. [illegible]
6.	S. Vasantha	good	S. [illegible]
7.	S. Kala	good	S. Kala
8.	S. Jamuna Rani	very good	S. [illegible]
9.	S. Pushpam	very good	S. [illegible]
10.	Saroja	good	[illegible]
11.	Perumal	excellent	P. Perumal
12.	Sahira Banu	excellent	Sahira Banu

28/8/25

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उन्नत भारत अभियान
शिक्षा मंत्रालय, भारत सरकार का एक प्रमुख कार्यक्रम
UNNAT BHARAT ABHIYAN (UBA)
a flagship program of Ministry of Education (MoE), GOI
शिक्षित भारत-स्वस्थ भारत- स्वच्छ भारत- स्वावलंबी भारत- संपन्न भारत

Unnat Bharat Abhiyan (UBA) &

National Service Scheme (NSS) &

FSSAI Club

STUDENT CIRCULAR

Date: 15.10.2025

This is to inform that Unnat Bharat Abhyian (UBA) & National Service Scheme (NSS) & FSSAI Club organizes **"A Rally on Food Safety is in your hands"** which will be held on 17.10.2025 at Ariyavoor. The rally aims to educate the community on the importance of safe food handling, personal hygiene, and collective responsibility in ensuring food safety and public health.

We request all the Volunteers in the National Service Scheme (NSS) and FSSAI Club are asked to assemble in front of the auditorium at 9.30 am.

15/10/25

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उन्नत भारत अभियान

शिक्षा मंत्रालय, भारत सरकार का एक प्रमुख कार्यक्रम

UNNAT BHARAT ABHIYAN (UBA)

a flagship program of Ministry of Education (MoE), GOI

शिक्षित भारत-स्वस्थ भारत- स्वच्छ भारत- स्वावलंबी भारत- संपन्न भारत

UNNAT BHARAT ABHIYAN (UBA)

&

NATIONAL SERVICE SCHEME (NSS)

&

FSSAI CLUB

Organizes a

RALLY ON

FOOD SAFETY IS IN YOUR HANDS

OCTOBER

FRIDAY 17 AT 10:00 AM

2025

VENUE : ARIYAVOOR

Dr. M. Munafur Hussaina

PRINCIPAL

उन्नत भारत अभियान
शिक्षा मंत्रालय, भारत सरकार का एक प्रमुख कार्यक्रम
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a flagship program of Ministry of Education (MoE), GOI
शिक्षित भारत-स्वस्थ भारत- स्वच्छ भारत- रोजगारोन्मुखी भारत- संपन्न भारत

Unnat Bharat Abhiyan (UBA) &

National Service Scheme (NSS) &

FSSAI Club

Club Name	: FSSAI Club
Title of the Event	: A Rally on Food Safety is in your Hands
Event Date	: 17.10.2025
Total No.of Students Participated	: 60
Timing	: 10.00 am
Location	: Ariyavoor
No.of Beneficiaries	: 21
Sustainable Goal Involved	: SDG – 3 (Good Health and Well - being)
Program Coordinators	: Ms. B. Ranjani

The Unnat Bharat Abhiyan (UBA), National Service Scheme (NSS), and FSSAI Club organized a rally on "Food Safety is in Your Hands" on 17th October 2025 at Ariyavoor. The programme was planned with the aim of educating the community about the importance of food safety, personal hygiene, and safe food consumption practices, thereby contributing to the promotion of public health and well-being in accordance with Sustainable Development Goal - 3 (Good Health and Well-Being).

The rally commenced at 10.00 am, with the participation of 60 enthusiastic student volunteers from the institution. Prior to the rally, students were briefed on key food safety concepts, FSSAI guidelines, and effective communication methods for community awareness. The students carried informative placards and banners with slogans emphasizing safe food

handling, prevention of food adulteration, cleanliness, and the importance of nutritious and hygienic food.

The rally covered major residential and commercial areas of Ariyavoor, attracting the attention of the general public, shopkeepers, and food vendors. Student volunteers actively interacted with the community members and explained simple and practical food safety measures such as washing hands before food preparation, using clean utensils, proper storage of raw and cooked foods, avoiding uncovered food, and checking food quality before consumption. Special emphasis was placed on the role of consumers in demanding safe and quality food. Through this rally, 21 beneficiaries, including local residents and small-scale food vendors, directly benefited from the awareness activities. The programme successfully highlighted that food safety is a shared responsibility and that adopting safe food practices can significantly reduce food-borne illnesses and improve overall community health.

Outcomes of the program:

- Created awareness among the public about the importance of food safety and hygiene in daily life.
- Improved knowledge of beneficiaries on safe food handling, storage, and consumption practices.
- Enhanced understanding of the prevention of food-borne diseases and food adulteration.
- Promoted the concept that food safety is a shared responsibility of consumers, vendors.
- Developed students' communication, leadership, and teamwork skills through community interaction.
- Contributed to healthier community practices through preventive awareness and education.

20/10/25

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Unnat Bharat Abhiyan (UBA) &

National Service Scheme (NSS) &

FSSAI Club

Photos of the Program



Creating awareness on food safety and hygiene through a community rally



Students spreading awareness that food safety is everyone's responsibility during the rally



Reaching out to the community with the message of food safety and hygiene



Students taking responsibility to create awareness for a healthier community

20/10/25

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AIMAN COLLEGE OF ARTS AND
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TIRUCHIRAPPALLI-620 021

AIMAN COLLEGE OF ARTS AND SCIENCE FOR WOMEN

(Sponsored by AIMAN EDUCATION AND WELFARE SOCIETY)

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Unnat Bharat Abhiyan (UBA) & National Service Scheme (NSS)
&
FSSAI Club
Organizes a Rally on
FOOD SAFETY IS IN YOUR HANDS

DATE: 17.10.2025

S.NO	NAME OF THE STUDENTS	CLASS	FEEDBACK	SIGNATURE
1	EMIMA REINA P	I B.Sc N&D	EXCELLENT	Emima Reina
2	FAHEEMA U	I B.Sc N&D	Excellent	Faheema
3	FAIROSE J	I B.Sc N&D	Excellent	Fairose
4	FARGANA BANU M	I B.Sc N&D	Very Good	Fargana
5	FATHIMA VAJIHA B	I B.Sc N&D	Excellent	Fathima
6	AHAMED NISHA M	I B.Sc N&D	Excellent	Ahamed
7	ALHANA T	I B.Sc N&D	Excellent	Alhana
8	ASHKARA A	I B.Sc N&D	Excellent	Ashkara
9	SAFIKAAMMAL M	I B.Sc N&D	Very good	Safi
10	SARABANU S	I B.Sc N&D	Excellent	Sara Banu
11	SARALA SRI V	I B.Sc N&D	Excellent	Sarala
12	SHIFANA N	I B.Sc N&D	Excellent	Shifana
13	THILFANA S	I B.Sc N&D	VERY GOOD	Thilfana
14	THOUHEETHA PARVEEN N	I B.Sc N&D	Very Good	Parveen
15	YASMIN FATHIMA A	I B.Sc N&D	Excellent	Yasmin
16	AFFRIN FARZANA B V	II B.Sc N&D	Excellent	Affrin
17	AFRALIA A	II B.Sc N&D	VERY GOOD	Afralia
18	AFRIN BANU T	II B.Sc N&D	Excellent	Banu
19	AFRIN JAHIR HUSSAIN	II B.Sc N&D	Excellent	Afrin
20	FARAH SEEMA H	II B.Sc N&D	Excellent	Farah Seema

S.NO	NAME OF THE STUDENTS	CLASS	FEEDBACK	SIGNATURE
21	FATHIMA TANSEERA M	II B.Sc N&D	very good	
22	FEMINA ASMIN D	II B.Sc N&D	Excellent	
23	SAMEERA BEGAM A	II B.Sc N&D	very Good	
24	SANOFER S	II B.Sc N&D	Excellent	
25	SEYYATHALI FATHIMA S	II B.Sc N&D	Excellent	
26	SHAMEEM PASITHA B	II B.Sc N&D	very Good	
27	NAFILA AFRIN M	II B.Sc N&D	very Good	
28	NIRANJANA S	II B.Sc N&D	Good	
29	VASHIFA NISHA A	II B.Sc N&D	Excellent	
30	MEHARUNESHA S	II B.Sc N&D	Excellent	
31	IYNUL SHIFA M	II B.Sc N&D	EXCELLENT	
32	JASRA RAIHANA R	II B.Sc N&D	very Good	
33	HASMINA HAKEEM A	II B.Sc N&D	very Good	
34	JAMEER ROSIYA R	II B.Sc N&D	Excellent	
35	JEENATHNISHA S	II B.Sc N&D	Excellent	
36	ANEESA A	III B.Sc N&D	VERY GOOD	
37	ARABUNISHA A	III B.Sc N&D	Excellent	
38	ASHIFA B	III B.Sc N&D	Excellent	
39	AYESHA NAIFA S	III B.Sc N&D	Excellent	
40	HANISHA I	III B.Sc N&D	Excellent	
41	HARINA I	III B.Sc N&D	Excellent	
42	JAFRIN SIFANA M	III B.Sc N&D	EXCELLENT	
43	JAMZIATH MISWHA Y	III B.Sc N&D	Excellent	
44	KRISHNAVENI R	III B.Sc N&D	Excellent	
45	NAFEESHA MARIYAM R	III B.Sc N&D	Very Good	
46	NEHA M	III B.Sc N&D	Excellent	
47	TAMANNA FATHIMA A A	III B.Sc N&D	Excellent	
48	THAHSEEN FARHANA A	III B.Sc N&D	very Good	

S.NO	NAME OF THE STUDENTS	CLASS	FEEDBACK	SIGNATURE
49	THASLIM ASMINA A	III B.Sc N&D	V. good	Thaslim
50	AAYESHA S	I M.Sc FSM&D	Excellent	Aayesha
51	ABINAYA C	I M.Sc FSM&D	Very good	Abinaya
52	AFRAH ZAMEEN R	I M.Sc FSM&D	good	Afrah
53	NAJIMA BANU H	I M.Sc FSM&D	Excellent	Najima
54	KALA DEVI K	I M.Sc FSM&D	Very good	Kala
55	SAJIDHA MARYAM M	I M.Sc FSM&D	Excellent	Sajidha
56	SUSMITHA BEGAM S	I M.Sc FSM&D	Excellent	Susmitha
57	NAJEEBA U	II M.Sc FSM&D	V. good	U. Najeeba.
58	RAHINI R	II M.Sc FSM&D	good	Rahini
59	SANOFER NISHA A	II M.Sc FSM&D	Excellent.	Sanofer.
60	THUSNEEM S	II M.Sc FSM&D	V. good	Thusneem

20/10/25

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BENEFICIARY LIST

Club Name: ESSAI CLUB

Place: Aruiyavoor

"A Rally on Food Safety is in your Hands" Date: 17.10.2025

S. No	Name of the Participants	Signature
1.	MALA	
2.	SRIVALLI	
3.	SASIKALA	
4.	KOKILA	
5.	SRIDEVI	
6.	KALADEVI	
7.	GANDHIMATHI	
8.	SHANTHI	
9.	KUMUDHA	
10.	SAINDHAVI	
11.	SUDHA	
12.	SRIHARI	

13.	ANJALI	அஞ்சலி.
14.	SARATHA	சரதா
15.	MANJULA	மஞ்சுளா
16.	SUGUNA PRIYA	சுகுணப்பிரியா
17.	SADHANA	சாதனா
18.	DHARSHINI	தர்ஷினி
19.	ROSLIN	ரோஸ்லின்.
20.	SAHANA	சஹானா
21.	LAKSHMI	லக்ஷ்மி
		20/10/22

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Unnat Bharat Abhiyan (UBA) &
National Service Scheme (NSS) &
FSSAI Club

STUDENT CIRCULAR

Date: 4.12.2025

- This is to inform that Unnat Bharath Abhiyan (UBA) & National Service Scheme (NSS) & FSSAI Club organizing an Awareness Programme on **" Licensing and Registration Guidance"** for the benefit of shop owners, food business operators and the local community, which will be held on 06th December 2025 at Inamkulatur.
- We request all the Volunteers in the National Service Scheme (NSS) and FSSAI Club are asked to assemble in front of the auditorium at 9.30 am.

04/12/25

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UNNAT BHARAT ABHIYAN (UBA)

&

NATIONAL SERVICE SCHEME (NSS)

&

FSSAI CLUB

8 DECENT WORK AND ECONOMIC GROWTH

Organizes an

Awareness Program

on

LICENSING & REGISTRATION GUIDANCE

DECEMBER

SATURDAY **06** AT 10:00 AM

2025

VENUE : INAMKULATHUR

Dr. M. Munafur Hussaina

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Unnat Bharat Abhiyan (UBA) &
National Service Scheme (NSS) &
FSSAI Club

Club Name	: FSSAI Club
Title of the Event	: Licensing and Registration Guidance
Event Date	: 06.12.2025
Total No. of Students Participated	: 60
Timing	: 10.00 am
Location	: Inamkulathur
No. of Beneficiaries	: 20
Sustainable Goal Involved	: SDG – 8 (Decent Work and Economic Growth)
Program Coordinators	: Ms. B. Ranjani

The Licensing and Registration Guidance Awareness Program was organized by Unnat Bharath Abhiyan (UBA) & National Service Scheme (NSS) & FSSAI Club on 06.12.2025 at Inamkulathur with the primary objective of spreading awareness on food safety regulations and legal compliance among students and community members. The program commenced at 10.00 a.m. and focused on educating participants about the necessity of food licensing and registration for food business operators.

The session covered essential topics such as types of FSSAI registration and licenses, eligibility criteria, documentation required, validity period, renewal procedures, and penalties for non-compliance. Real-life examples were shared to help participants understand the practical importance of following food safety norms. The interactive nature of the program encouraged participants to clarify doubts related to registration procedures. A total of 60

students actively participated in the program, while 20 beneficiaries, including potential food entrepreneurs and small vendors, directly benefited from the guidance provided. The licensing and Registration Guidance Program proved to be highly effective and knowledgeable to the peoples. The program stands as a meaningful initiative contributing to public health, community development, and sustainable economic growth.

Outcome of the program

- Participants gained comprehensive knowledge about FSSAI licensing and registration processes. legal compliance
- Beneficiaries developed awareness of required to run food-related businesses safely.
- The program encouraged entrepreneurial thinking and self-employment opportunities among students and community members.
- Improved understanding of food safety standards, hygiene practices, and consumer protection.
- Enhanced awareness about penalties and risks associated with unregistered food businesses.

08/12/25

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Unnat Bharat Abhiyan (UBA) &

National Service Scheme (NSS) &

FSSAI Club

Photos of the Program



Students educating shop vendors on food licensing



Food Safety and Hygiene awareness given to juice shop vendors



Students spreading awareness on FSSAI guidelines at grocery shops



Licensing and Registration guidance given to shop vendors



Awareness session on food safety compliance

08/12/25

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fssai

National Service Scheme (NSS) & Unnat Bharat Abhiyan (UBA)
&
FSSAI Club
Jointly Organizes an Awareness Program on
LICENSING AND REGISTRATION GUIDANCE

DATE: 06.12.2025

S.NO	NAME OF THE STUDENTS	CLASS	FEEDBACK	SIGNATURE
1	AFFRIN FARZANA B V	II B.Sc N&D	Good	Affrin
2	AFRALIA A	II B.Sc N&D	very Good	Afralia
3	AFRIN BANU T	II B.Sc N&D	Good	AfrinBanu
4	AFRIN JAHIR HUSSAIN	II B.Sc N&D	excellent	Afrin
5	ALIRSATHUL HAWA H	II B.Sc N&D	Good	Hawa
6	ALSHUBAN M	II B.Sc N&D	very Good	Alshuban
7	ASEELA J	II B.Sc N&D	Good.	Aseela.
8	ASFIYA J	II B.Sc N&D	Good	Asfiya.
9	ASHFIYA K	II B.Sc N&D	very Good	Ashfiya
10	BEBEEJAAN A K	II B.Sc N&D	Excellent	Bushra
11	BUSHRA BANU M	II B.Sc N&D	Good	
12	FAHMITHA M	II B.Sc N&D	Very good	Fahmitha.
13	FARAH SEEMA H	II B.Sc N&D	Good	Farah seema
14	FATHIMA TANSEERA M	II B.Sc N&D	very Good	Fathima
15	FEMINA ASMIN D	II B.Sc N&D	Good	Femina
16	HAJARA J	II B.Sc N&D	Good	Hajara
17	HASMINA HAKEEM A	II B.Sc N&D	very Good	Hasmina
18	JAMEER ROSIYA R	II B.Sc N&D	Good	Jameer.
19	JEENATHNISHA S	II B.Sc N&D	Very Good	Jeenathnisha.
20	KATHEEJATHUL QUBRA M N	II B.Sc N&D	excellent	Katheeja.

S.NO	NAME OF THE STUDENTS	CLASS	FEEDBACK	SIGNATURE
21	KATHIJA H	II B.Sc N&D	Good	
22	KOWSAR BEE I	II B.Sc N&D	Excellent	
23	MIRUTHULA D	II B.Sc N&D	Excellent	
24	NAFILA AFRIN M	II B.Sc N&D	Very Good	
25	NIRANJANA S	II B.Sc N&D	Excellent	
26	RAJIYA ASFA M A	II B.Sc N&D	Good	
27	RASMIYA BANU S	II B.Sc N&D	Excellent	
28	SABRIN MUFSIRA O S	II B.Sc N&D	Very Good	
29	SHAFIKA RAHMATH K	II B.Sc N&D	Excellent	
30	SAFREEN A	II B.Sc N&D	Good	
31	SAFRIN SIFANA M	II B.Sc N&D	Very Good	
32	SAHANA JASMINE S	II B.Sc N&D	Very Good	
33	SAIMA A	II B.Sc N&D	Good	
34	SAMEENA BEGAM A	II B.Sc N&D	Excellent	
35	SAMEERA BANU K	II B.Sc N&D	Excellent	
36	SAMEERA BEGAM A	II B.Sc N&D	Excellent	
37	PAVITHRA A	III B.Sc N&D	V.Good	
38	RABINA BANU.R	III B.Sc N&D	Very Good	
39	RAKSHANA P	III B.Sc N&D	Excellent	
40	RAWLA BANU H	III B.Sc N&D	Excellent	
41	REEMA H	III B.Sc N&D	V.Good.	
42	RIFAYA FATHIMA M	III B.Sc N&D	Excellent	
43	RIZWANA FARGIN K	III B.Sc N&D	Excellent	
44	SAFREEN BANU M	III B.Sc N&D	Very Good	
45	SAJETHA BEGAM A	III B.Sc N&D	Good	
46	SAMEEMA BEGAM J	III B.Sc N&D	Very Good	
47	SAMEERA A	III B.Sc N&D	Excellent	
48	AYESHA NAIFA S	III B.Sc N&D	Excellent	

S.NO	NAME OF THE STUDENTS	CLASS	FEEDBACK	SIGNATURE
49	AFSHANA A	II M.Sc FSM&D	Good	A.Afshana
50	ASVA BEGAM A	II M.Sc FSM&D	Good	A. Asva.
51	FASHILA ASRIN A	II M.Sc FSM&D	very Good	Fashila A.A
52	HARI DEVI V	II M.Sc FSM&D	Excellent	Hari D...
53	IRFANA FATHIMA M	II M.Sc FSM&D	very good	Irfana
54	NAJEEBA U	II M.Sc FSM&D	very good	U. Najeeba
55	RAHINI R	II M.Sc FSM&D	Good	Rahini. R.
56	SANOFER NISHA A	II M.Sc FSM&D	Excellent	Sanof.
57	TAMILMANI R	II M.Sc FSM&D	Good	Tamil
58	THUSNEEM S	II M.Sc FSM&D	Good	Thusneem
59	JAMIMA BEGUM A	II M.Sc FSM&D	very Good	Jamima.
60	AAFRIN BANU N	II M.Sc FSM&D	Excellent.	Aafrin Banu

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UNNAT BHARAT ABHIYAN

BENEFICIARY LIST

Club Name: ESSAI CLUB

Place: Inamkulathur

An Awareness Program on Licensing & Registration Guidance

Date: 06.12.2025

S. No.	Name of the Participants	Signature
1.	GANESH	கணேஷ்
2.	KARTHIK	கார்த்திக்
3.	KANALI	கமலி
4.	SASIKALA	சசிகலா
5.	MANI	மணி
6.	SENTHIL	Senthil
7.	MADHIYALAGI	மதியழகி
8.	GOVINDHA	கோவிந்தா
9.	RITHANYA	Rithanya
10.	ABDUL	அப்துல்
11.	RANALINGAM	ரங்கலிங்கம்
12.	BAKIYAM	பாக்கியம்
13.	RAJESH	Rajesh
14.	PRIYA	Priya
15.	NITHYA	நித்யா
16.	SELIYAN	செல்லியன்
17.	ABIRAMI	அபிராமி
18.	MEENA	Meena
19.	SHIVA	Shiva
20.	RAJKUMAR	Rajkumar
21.		
22.		
23.		06/12/25
24.		

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