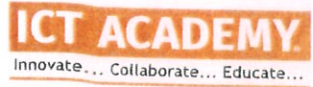


POWER SEMINAR REQUEST FORM



COLLEGE DETAILS

College Name

AIMAN COLLEGE OF ARTS & SCIENCE FOR WOMEN

Address

K.SATHANUR

TRICHY

Principal Name

DR. SUHASHINI ERNEST

District

TRICHY

PIN Code

6 2 0 0 2 1

SEMINAR DETAILS

Name of Seminar
(Propose Two Topics)

TIME MANAGEMENT

DIGITAL SKILL DEVELOPMENT

Date of Seminar

0 9 0 9 2 0 2 0 (or) 3 0 0 9 2 0 2 0

Target Department

BCA, B.SC CS, B.SC NED

No. of Participants
(Host College)

100

No. of Participants
(Other Colleges)

COORDINATOR DETAILS

Coordinator Name

B.FARHAN

Designation

MANAGEMENT EXECUTIVE

Department

ENGLISH

Mail ID

info@aimancollege.edu.in

Mobile No

7 8 5 8 8 7 2 8 6 9

DECLARATION

We, hereby declare that all the information said above are true to best of our knowledge. We have read the Seminar Brochure and details as applicable to members of ICT Academy and we agree to abide by them in its complete letter and spirit.

Signature of the Coordinator
Fair-B 02/09/2020

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Signature of the Principal

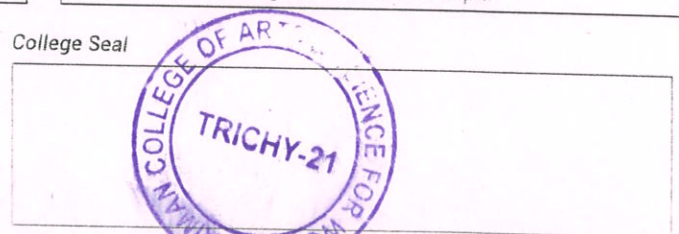
Date

0 2 0 9 2 0 2 0

College Seal

Place

Trichy.





Virtual Power Seminar on

TIME MANAGEMENT

30 SEP 2020 - 04:00 PM - 05:00 PM

Speaker



Durai Babu Selvaraj

Senior Manager (L&D)
Kone Elevators (P) Ltd.


Hosted by



AIMAN College of Arts & Science for Women

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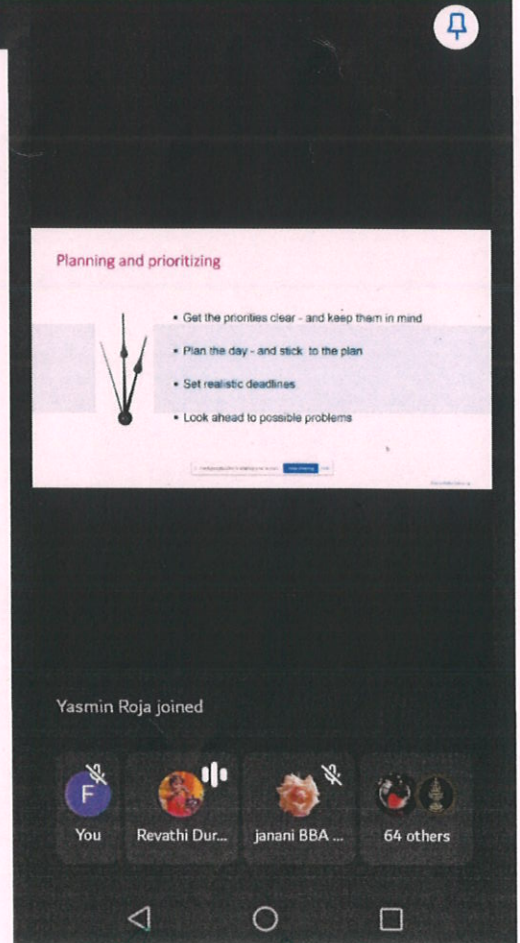
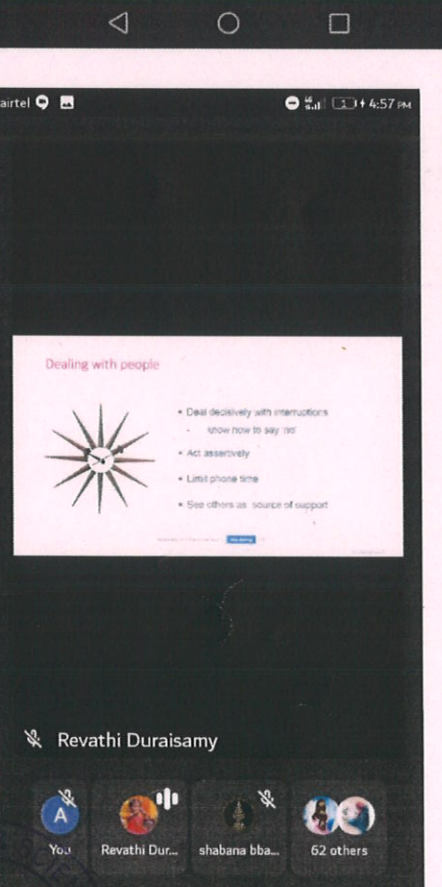
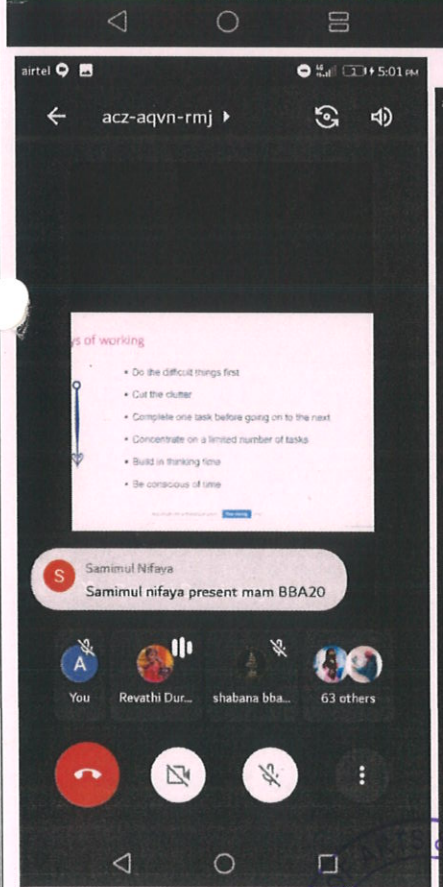
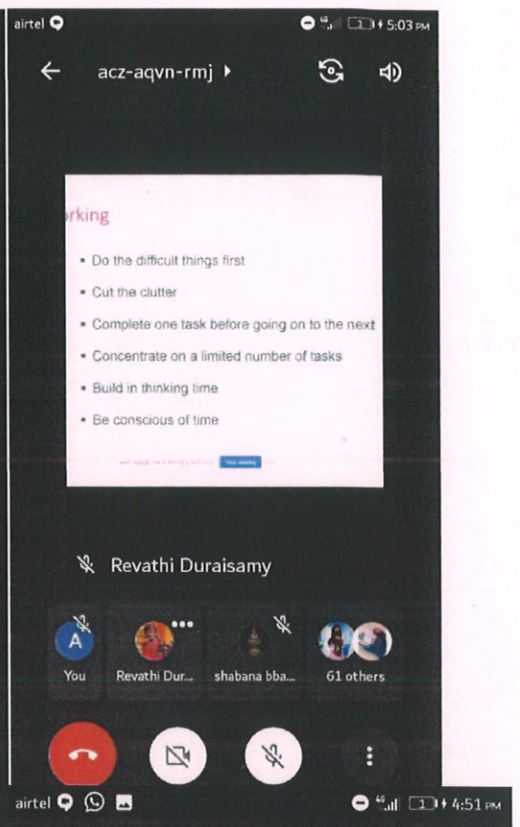
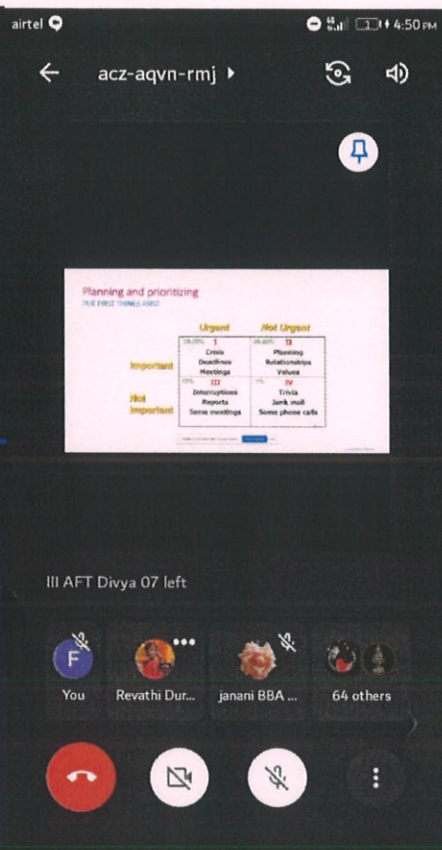
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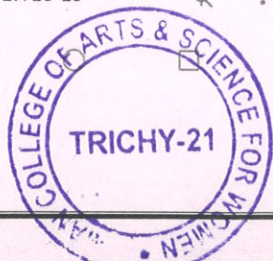
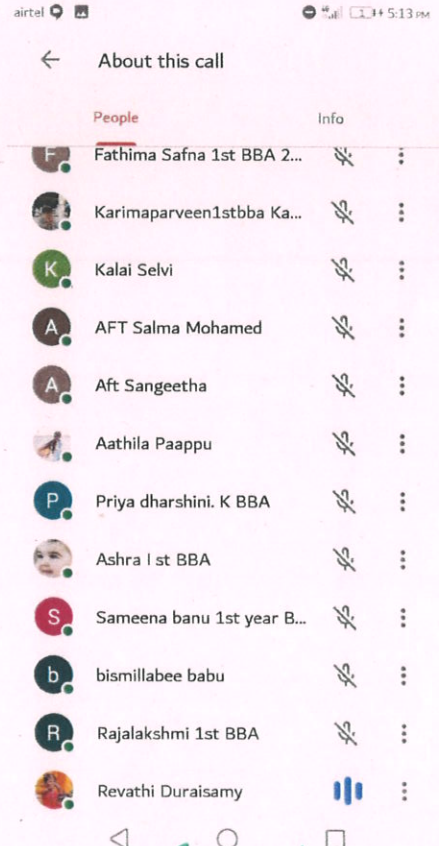
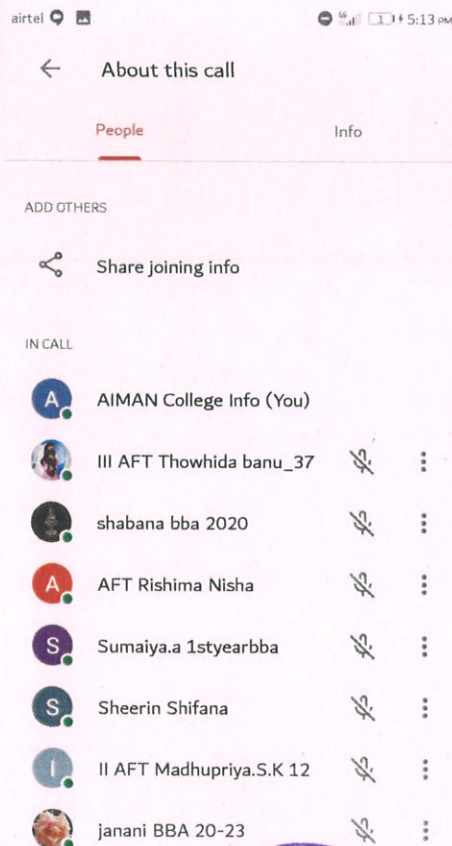
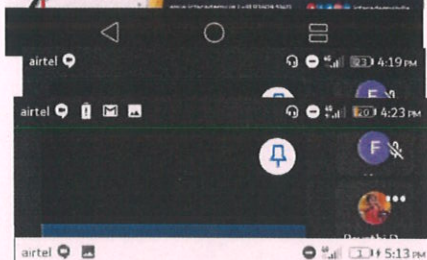
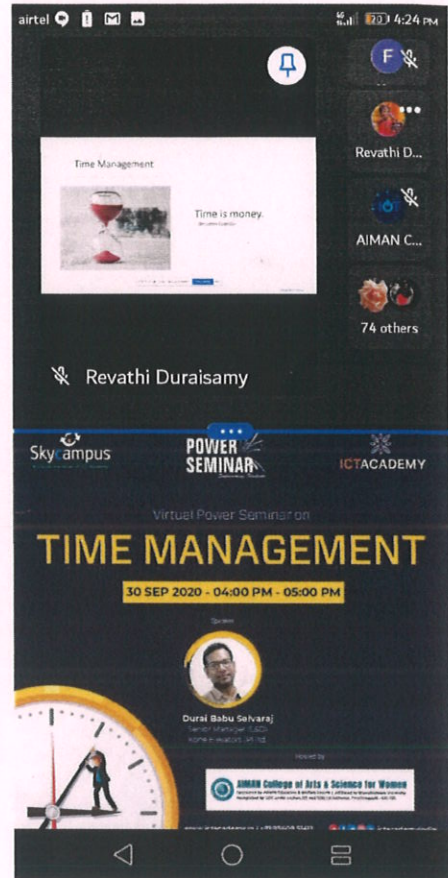
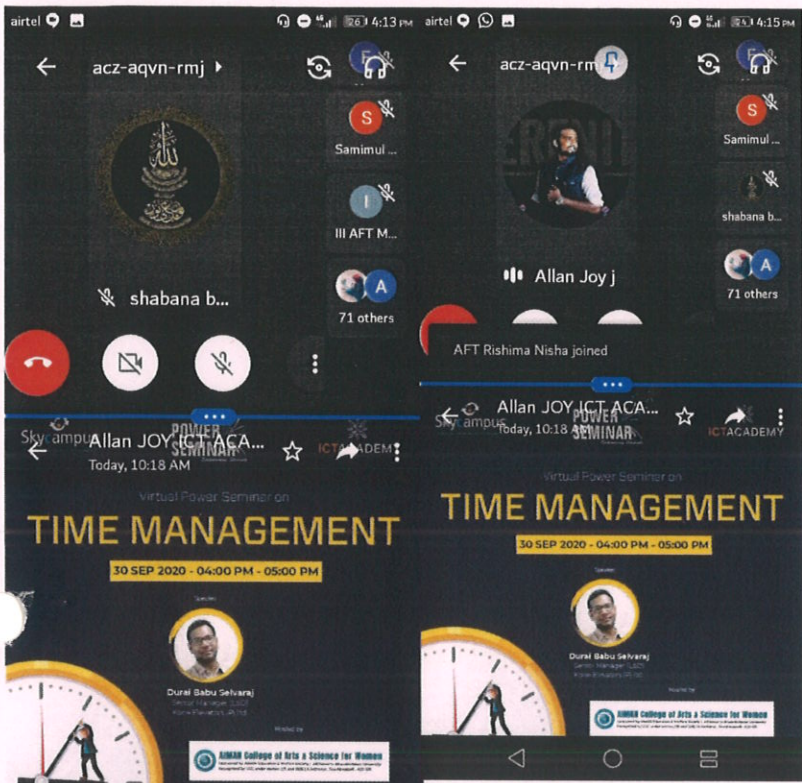


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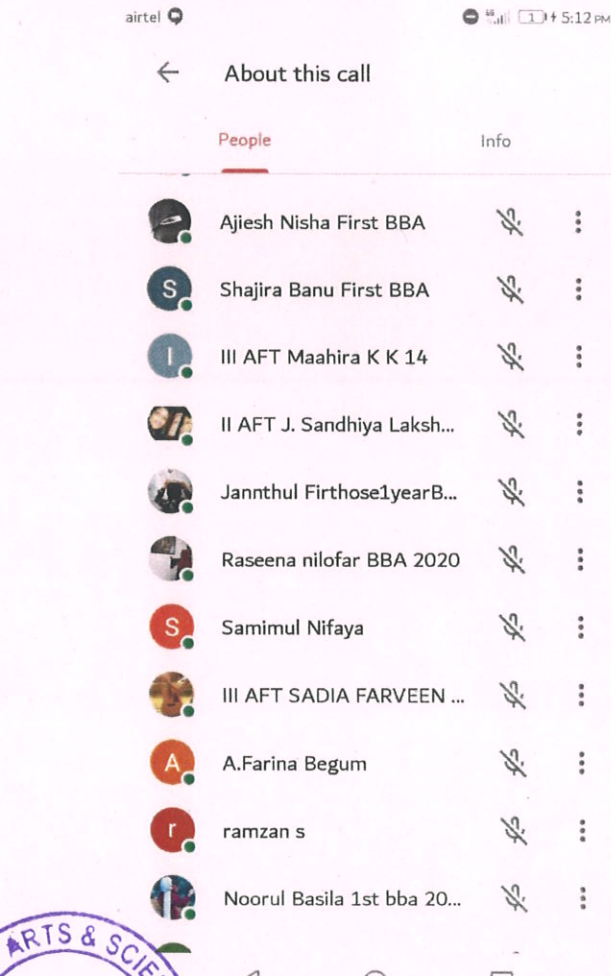
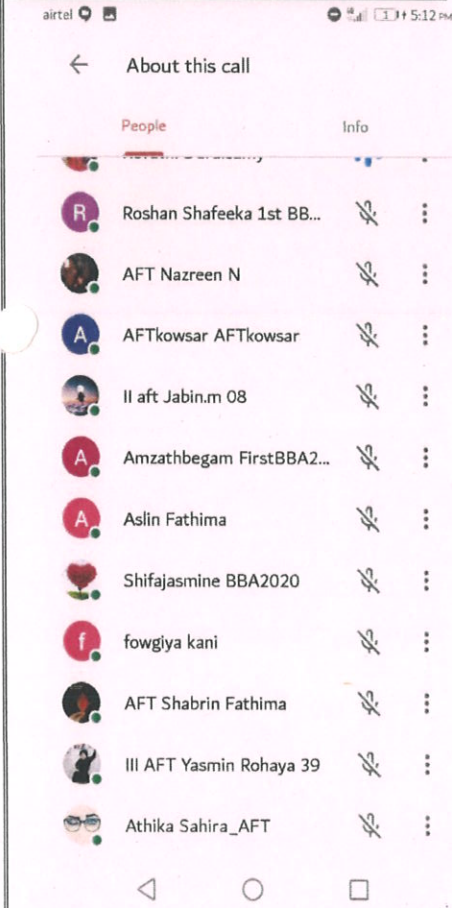
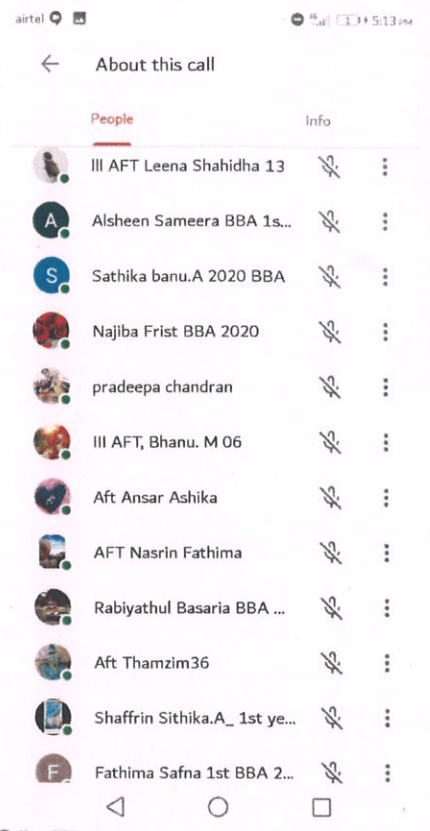
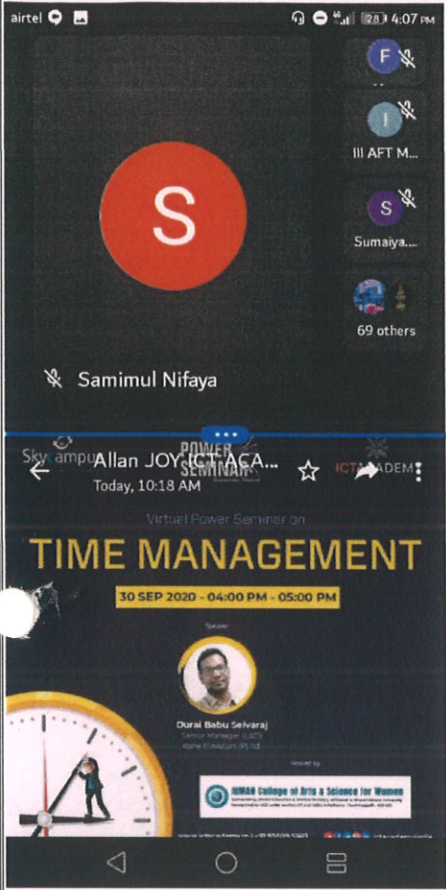
SCREENSHOTS OF THE EVENT



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SCIENCE FOR WOMEN
TIRUCHIRAPPALLI-620 021.



Signature
PRINCIPAL
AIMAN COLLEGE OF ARTS & SCIENCE FOR WOMEN
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ICT ACADEMY Virtual Power Seminar on Time Management

30.09.2021

To kindle the minds of students who were learning virtually and to make use of their time effectively, AIMAAN College along with ICT Academy organized a virtual power seminar in the topic Time Management. The host of the program was Mr. Allan Joy – Relationship Officer, ICT Initiatives & Ms.B.Farhan- ICT Co-coordinator, AIMAAN College. The guest speaker was Mr.Durai Babu Selvaraj, Senior Manager(L&D),Kone Elevators Private Limited. He defined Time management as the process of planning and controlling how much time to spend on specific activities. According to him Good time management enables an individual to complete more in a shorter period of time, lowers stress, and leads to career success. He informed students how Time Management helps us in the following:

1. Stress relief

Making and following a task schedule reduces anxiety. As you check off items on your “to-do” list, you can see that you are making tangible progress. This helps you avoid feeling stressed out with worry about whether you’re getting things done.

2. More time

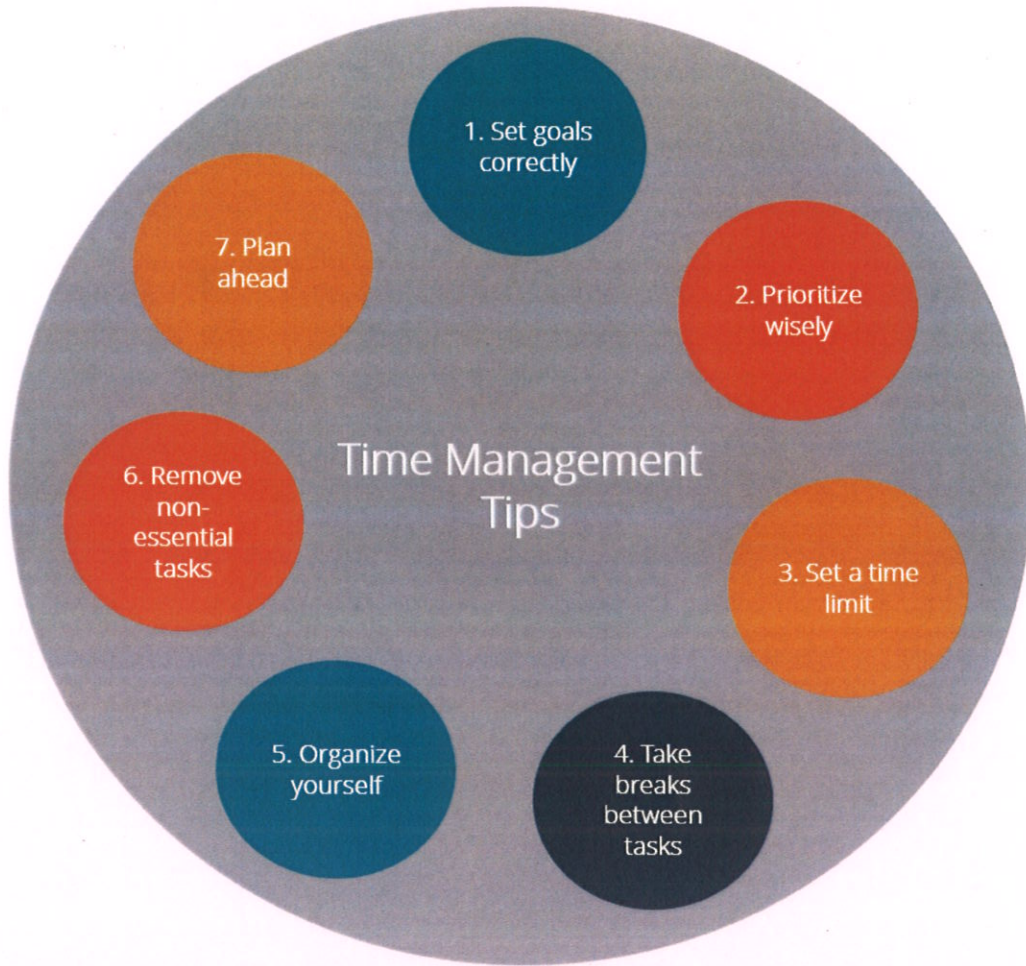
Good time management gives you extra time to spend in your daily life. People who can time-manage effectively enjoy having more time to spend on hobbies or other personal pursuits.

3. More opportunities

Managing time well leads to more opportunities and less time wasted on trivial activities. Good time management skills are key qualities that employers look for. The ability to prioritize and schedule work is extremely desirable for any organization.

4. Ability to realize goals

Individuals who practice good time management are able to better achieve goals and objectives, and do so in a shorter length of time.



He provided tips to students in Time Management. Students were fascinated by listening the speech of the guest & assured that they will use their time effectively. 100 students participated & and were highly benefitted. On behalf of ICT & AIMAN College vote thanks was delivered by Mr.Allan Joy & Ms.B.Farhan

Farhan
Program Coordinator

Principal

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