





Virtual Power Seminar on

### ESTABLISHING GOALS AND PRIORITIES

1500 - 1600 Hours 09 June 2020



**SPEAKER** 

Rajkumar Senior Eystem Engineer Infosys

Hosted by



#### AIMAN College of Arts & Science for Women

Affiliated to Bharathidasan University | An ISO 9001 : Certified Institution K.Sathanur, Tiruchirappalii - 620 021.

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SCIENCE FOR WOMEN TIRUCHIRAPPALLI-620 021



## AIMAN COLLEGE OF ARTS & SCIENCE FOR WOMEN



(Sponsored by AIMAN Education & Welfare Society)
(Affiliated to Bharathidasan University)
Recognized by UGC under section 2(f) and 12(B),

Tiruchirappalli – 620 021.

#### **AIMAN College in Collaboration with ICT Academy**

# EXCLUSIVE VIRTUAL POWER SEMINAR ESTABILISHING GOALS & PRIORITIES

09.06.2020

AIMAN College in association with ICT academy organized virtual power seminar on Establishing 09<sup>th</sup> June 2020 from 3.00pm to 4.00pm. The speaker of the day was Mr. Raj Kumar, System Engineer, Infosys. The session was started by Mr. Allan Joy, Relationship Manager, ICT Academy followed by Ms.B.Farhan, Management Executive's welcome address.

Mr. Raj Kumar, System Engineer, Infosys started his motivating speech by framing 5 Mantras for setting Goal

- 1. Set Goals That Motivate You
- 2. Set SMART Goals
- 3. Make an Action Plan
- 4. Stick With It

The S.M.A.R.T. goal process is broken down into five core steps. Goals should be:

- Specific: Goals should be as clear as possible, leaving little room for confusion.
- Measurable: Should be able to track your milestones and measure how far we are from our goal.
- Achievable: Goals should be challenging and require you to work hard, but they also need to be realistic to keep the team motivated and engaged.
- Relevant: Make sure your goals are pertinent.
- **Time-Bound:** Put deadlines in place for reaching the end goal and well as each milestone helps to move the process forward and create a sense of urgency.

#### **Priorities**

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"A **priority** is the concern, interest or desire that comes before all others." Our priorities are the areas of our lives that are meaningful and important to us. They're usually activities, practices, or relationships that we want to put genuine effort and time into.

Priorities imply that a hierarchy can be followed for different areas of our life and work. Rather than feeling like everything is important, priorities is to choose what we need to focus on first. He advised that Priorities always involve time. He suggested students to list out priorities as

- Top priority
- Middle priority
- Lowest priority

He informed students to take a paper & write about their Goals & Priorities to follow it for their future. Students enthusiastically wrote & shared their views with Mr.Raj Kumar. The session was concluded by vote of thanks by Ms.B.Farhan, total number of 100 students participated & enjoyed the session.

**Program Coordinator** 

### SCREENSHOT OF THE EVENT

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### POWER SEMINAR REQUEST FORM





ICTA/OPS/R/PSF/00

AIMAN COLLEGE OF ARTS & SCIENCE FOR WOMEN  Address  K. & ATHANUR, TRICHY  Prinicipal Name  Dr. SUHASHINI ERNEST  District  TRICHY  Name of Seminar (Propose Two Topics)  BIG DATA  SEMINAR DETAILS  Date of Seminar  Computer Science & Computer Applications  No. of Participants (Other Colleges)  No. of Participants (Other Colleges)
Address  K. SATHANUR, TRICHY  Principal Name  DY. SUHASHINI ERNEST  District  TRICHY  Name of Seminar (Propose Two Topics)  BIG DATA  SEMINAR DETAILS  Date of Seminar  COMPUTER SCIENCE & COMPUTER APPLICATIONS  No. of Participants  No. of Participants  No. of Participants
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Coordinator Name
B. FARHAN
COORDINATOR Designation Department
MANAGEMENT EXECUTIVE ENGLISH
Mail ID Mobile No
info@aimancollege.edu.in 735887286
We, hereby declare that all the information said above are true to best of our knowledge. We have read the Seminar Brochure and
details as applicable to members of ICT Academy and we agree to abide by them in its complete letter and spirit.
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AIMAN COLLEGE OF ARTS 8 SCIENCE FOR WOMEN
DECLARATION SIGNATURE OF the Coordinates TRUCHIRAPPALLI-620 021
Signature of the Principal
Date  College Seal  College Seal  College Seal  College Seal  College Seal
Place
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